# FORT HOUSE SURGERY
# NEWSLETTER

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www.forthousesurgery.nhs.uk

**September 2026**

Welcome to the latest Fort House Newsletter! Thank you to those who've shared feedback with us - we're always keen to hear what you think and the kind of information you'd like to see in future issues. Please get in touch via the Feedback, Compliments and Complaints page.

**AT A GLANCE - Key Dates & Info This Issue**

- Flu & Covid clinics: Sat 3rd & 10th Oct - booking links sent from early September
- Heading off to uni? Read our university advice sheet available on our Wellbeing Wall
- Can't make an appointment? Please cancel in advance so someone else can be seen

## Flu and Covid Vaccinations

Flu and Covid vaccination clinics will run on **Saturday 3rd and 10th October**, with weekday flu clinics also offered (Covid vaccinations are Saturday-only). Booking links will be sent to all eligible patients from early September.
Eligibility for both vaccines remains the same as last year, with one update: patients aged 18 and over with a learning disability are now included in the flu clinical at-risk group. You can check full eligibility criteria for the Flu and Covid vaccines on our website. Please do take the opportunity to support the practice by having your vaccinations done with us.

## Men's Health Drop In Clinics

We've now run four drop-in sessions, seeing 255 men aged between 45 and 75.
These clinics have proved hugely valuable, helping identify concerns such as prostate cancers, heart disease and high blood pressure, alongside giving lifestyle and preventative advice.
Our last session saw exceptionally high demand, and we're grateful to everyone for their patience. As a result, we're moving to booked appointments to make sure every patient can be seen more efficiently.
Our next Men's Health session is now full but **all patients aged between 45-75** are entitled to a **health check** at the surgery – please contact the practice if you would like to book an appointment. These are available throughout the week with our nursing team.
Keep an eye on our website or social media for dates for future Men's Health sessions.

## Staff News

We're delighted to welcome several new members to the Fort House team this summer.

- Marco Casagrande and Silvia Moens-Lecumberri join us as GPs.
- Marco will be in surgery on Thursdays and Fridays; Silvia on Tuesdays and Fridays.
- Emma and Jess join our nursing team.
- Sonali joins our Pharmacy team.
- Katie has re-joined the reception team - welcome back!

For more staff info, please visit our Team page

## Heading off to uni?

If you, or a young person in your family, is heading to university or further education this September, we've put together an **advice sheet** - with useful advice on looking after your wellbeing while away from home.
You can find it on our Facebook page and on our Wellbeing Wall online and in the surgery.

## Missed Appointments

We're grateful to all patients who attend their appointments or cancel in good time. In **July** alone however, **130 appointments** were missed at the surgery, equating to 6.5 days of GP appointments. This increases the waiting time for all patients who need to be seen. Repeated missed appointments can result in further action being taken (including removal from our patient list). **Can't make an appointment?** Please let us know in advance so it can be offered to another patient.

**Fort House YouTube Channel:** All our webinars and interviews are now in one place - perfect if you missed them live or want to revisit key discussions. Subscribe here: @FortHouseSurgery-GP

**Stay Connected:** For news, health updates and useful info - follow us on Facebook & Instagram. Don't forget to check our Wellbeing Wall for local & online support services.